Welcome to Teensy® 2.0
With Arduino Software

Programming Teensy with Arduino Software provides a simple and easy environment that is best for beginners. For access to all advanced features, C language may be a better choice.

To begin using Teensy with Arduino Software, please visit the website, click Teensyduino, and then click Tutorial.

http://www.pjrc.com/teensy

Pin Assignments
Using Arduino Software